

# College Transition



## College Preparation Tips

1

1. Attend all orientations
2. Understand your financial aid (contact the Financial Aid Office or All Ways Up)
3. Research your professors before choosing classes
4. Get to know your professors
5. Organize your schedule (whether it be an agenda or Google calendar)
6. Get connected to campus life
7. Utilize your school's resources
8. Your major isn't set in stone - feel free to explore!

## Dealing w/ Homesickness

2

1. Reach out to your support system - whether it be old friends or family!
2. Get involved on campus and branch out.
3. Mingle with new people in your classes or organizations, sharing a common interest can ignite a new friendship.
4. Stay positive, it gets better! With time and adjustments, things will fall into place.

## Overcoming Imposter Syndrome

3

1. Join academic or social clubs based on your interests to build a support system
2. Join a first-gen college student group
3. Remember: you are meant to be there. You've worked hard, made the grades, and have been accepted. Feel empowered as a college student.

## Other Resources

4

- [Making office hours less scary](#)
- [More college resources](#)
- [Financial Insights](#)
- [Useful Podcasts for College Students](#)
- [USC College Podcast Chat](#)
- [Amherst and low-income college students](#)
- [10 Playlist-Worthy Educational Podcasts for College Students](#)
- [9 Podcasts Every College Student Should Be Listening To](#)
- [Beyond College: 2018 Webinar Series](#)